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# MoveAroundDoylestown

**Beginning April 17th \* Beginning April 17th \* Beginning April 17th \* Beginning April 17th**

MoveAroundDoylestown is a unique "Workout Tour of Doylestown". It is high-energy group exercise class which combines exercises to amp up your cardio, improve your strength, increase your flexibility and help you lose weight while moving from location to location throughout the Borough.

We will challenge you with fast-moving exercise circuits at a local park, high-intensity cardio bursts at a local landmark, core-strengthening Pilates routines outside a local merchant and fun-filled cardio kickboxing elsewhere. You will never know what to expect from our unique brand of workouts. We work your heart, lungs and muscles differently with each class.

Be ready for a brand new way get fit in your community. Sign up today!

Brought to you by



ACTIVE PERSONAL FITNESS

MoveAroundDoylestown

**"A Workout Tour of Doylestown"**

Join us for a brand new exercise experience where the Borough becomes your gym.

**First and third Saturday each month**

**Beginning April 17th**

**\$15 for Borough residents; \$20 for all others**

Brought to you by:

Doylestown Borough Parks & Recreation  
and Active Personal Fitness

Reserve your spot now at  
[www.ActivePersonalFitness.com](http://www.ActivePersonalFitness.com)  
or call 267-626-7478

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